Burnout Knowledge of Female Nurses during the COVID-19 Pandemic: Study at Dr. Agoesdjam Hospital in Ketapang Regency, Indonesia

by Arkanudin Arkanudin
Burnout Knowledge of Female Nurses during the COVID-19 Pandemic: Study at Dr. Agoesdjam Hospital in Ketapang Regency, Indonesia

| Arkanudin1,* | Rupita2 |

1Department of Anthropology, Faculty of Social and Political Sciences, Universitas Tarungpura Pontianak, Indonesia
2Department of Sociology, Faculty of Social and Political Sciences, Universitas Tarungpura Pontianak, Indonesia
*Corresponding E-mail: arkanudin@fisip.unton.ac.id

ABSTRACT
The COVID-19 pandemic has hit Indonesia where the worrying situation has affected almost every area in Indonesia, including West Kalimantan. One of the referral hospitals for the case of COVID-19 in West Kalimantan is RSUD dr. Agoesdjam is the only one referral hospital in the Ketapang Regency area. This makes a critical situation, considering that Ketapang Regency is very large and there is only one referral hospital. The problem that arises later is the number of patients from various regions who come to check themselves at RSUD dr. Agoesdjam Ketapang, where this hospital has a limited number of doctors and health workers. This causes job burnout for health workers, where they have to work extra in monitoring and handling patients regularly in their work environment. This study uses a descriptive qualitative approach with an exploration of primary and secondary data. Primary data refers to the interview results while secondary data comes from journal searches and online media coverage. Based on the results and discussion in this study, it can be concluded that the COVID-19 situation in RSUD dr. Agoesdjam is quite worrying so that it increases the alertness of the hospital, in this case, the job burnout of health workers is increasing. The duties and responsibilities of nurses are a priority in handling COVID-19 patients and this case raises fear, worry, and energy burden and thoughts for health workers, especially nurses at RSUD dr. Agoesdjam Ketapang. Furthermore, the job burnout experienced by nurses in dealing with the COVID-19 situation is work overload, poor performance, fatigue, and reduced alertness because they are overshadowed by anxiety and worry.

KEYWORDS
Job burnout; referral hospitals for the case of COVID-19; health workers; RSUD dr. Agoesdjam Ketapang; Ketapang Regency

INTRODUCTION
The outbreak of COVID-19 became a tragic event that occurred in Wuhan, China, and then it is continuing to spread around the world. Indonesia is one of the countries affected by COVID-19, where current data shows the number of positive patients infected coronavirus (Covid-19) is 7,418 cases, with 635 deaths and 913 recovered (COVID-19 Response Acceleration Task Force, 2020).

There has been an alarming rise in COVID cases in several areas in Indonesia, including West Kalimantan. Since the first case of COVID-19 was discovered until April 2020, there have been 31 positive cases of COVID-19 in West Kalimantan. The spread of positive
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