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Video-Based Learning Media: Pencak Silat Material, Structured Hands-On Practice Method

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ABSTRACT

This research aims to determine the feasibility of learning media by lining up physical education videos with pencak silat material and to determine the effectiveness of learning media by lining up physical education videos with pencak silat material on student learning outcomes. The stages of this research are the needs analysis stage, the learning media planning stage lined up with pencak silat material videos (design), the development stage (develop), and the testing stage (validation). The results of this study show that (1) the learning outcomes of the minimum pretest score for the control group were 41 and the highest score was 70, while the average score was 54.92%. (2) The learning outcomes of the minimum posttest score for the control group were 41, and the highest score was 80, while the average score was 62.58%. (3) The distribution of pretest learning results with a score of 41–48 is in the strongly disagree category; there is 1 student with a percentage (8.3%) the same as the posttest. (4) The distribution of pretest learning results with a score of 49–56 was in the disagree category; there was 1 student with the same percentage (8.3%) as the posttest. (5) The distribution of pretest learning outcomes with a score of 57–64 was in the neutral category; there were 5 students with a percentage (41.7%) and posttest 4 students with a percentage (33.3%). (6) The distribution of pretest learning results with a score of 65–72 is in the neutral category; there are 3 students with a percentage (25.0%) the same as the posttest. (7) The distribution of pretest learning results with a score of 73–80 is neutral; there were 2 students with a percentage of 16.7% and 3 students with a percentage of 25.0%. The results of hypothesis testing using the independent sample T-test by looking at the probability (2-tailed) show a coefficient of 0.103. greater than 0.05, it can be concluded that there is a difference.

KEYWORDS

INTRODUCTION

Learning media development is an activity that can be carried out by teachers or educators. Learning media is anything that's utilized to channel messages and can fortify considerations, sentiments, consideration, and will so that it can energize a learning prepare that is deliberate, purposeful, and controlled (Miarso, 2016: 392). Learning media is useful as a teaching aid, namely supporting the use of teaching methods used by teachers to utilize information and communication technology, especially computers or laptops, smartphones, and internet networks, to help increase students' interest in the learning prepare. This will make it less demanding for teachers to communicate material to students, one of which is the utilize of media with software (Anggoro, 2015). The

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