

20. Morteza-Maryam - Relationship between Religiosity

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Relationship between Religiosity and Anger Control with Marital Satisfaction

Maryam Bakhtiarvand

11

PhD. Student of Philosophy of Islamic Education, Allameh Tabataba'i University, Tehran, Iran

Hassan Nokarizi

M.A of Family Counseling, Shahid Chamran University, Ahvaz, Iran

Dr. Morteza Bakhtiarvand

9

PhD. Of Educational Technology, Allameh Tabataba'i University, Tehran, Iran

Abstract

The purpose of this research is to investigate the relationship between religiosity and anger control with marital satisfaction. This research is the correlation type, which was carried out in the first term of academic year of 2012-2013. The instruments used were the Enrich Marital Satisfaction Questionnaire, the PACT Anger Control Questionnaire, and the Clark and Stark Religiosity Questionnaire, whose reliability was obtained according to Cronbach's alpha of 0.94, 0.81, and 0.92, respectively. The tests were carried out on 50 men and 50 married women of Shahid Chamran University of Ahvaz by random sampling, and finally 100 completed questionnaires were analyzed. Correlation research design and Pearson correlation method was used for data analysis in addition to descriptive statistics. The obtained results confirmed the research hypothesis and showed that there is a significant positive relationship between religiosity and anger control with marital satisfaction ($p \leq 0.000$).

Keywords:

Religiosity, Anger Control, Marital Satisfaction

Introduction

The family, which is the oldest and most ancient social institution, has existed since the beginning of mankind, and it begins with marital relations and the union of husband and wife, and depending on the quality of this relationship, its stability or instability is determined (Mousavi, 2005, quoted by Khojastemehr, 2006). Marriage forms the main foundation of families. If the family is not stable, the society will be in a shaky state. Therefore, getting to know the factors that make marriage and family stable, for all classes who they think about the stability and survival of the society, it is a necessary and vital action (Khojastemehr, 2006). The study has shown that a high level of compatibility is seen among those in which couples have a good relationship with each other and a positive relationship between the relationship there are couples and marital compatibility (Ahmadi, 2003).

13

One of the factors influencing the strength and durability of the family is the satisfaction between the couples. Marital satisfaction is defined as one of the components that determine the

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