

# Sri Yusnani\_Support and advice for the participation of non- working mothers at PTM Pobindu in Medan City

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# Support and advice for the participation of non-working mothers at PTM Pobindu in Medan City

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## Abstract

The disinfected illness or PTM is the chronic illness which is disinfected one to another. Globally, 70% of the death in the world caused by PTM. The SPM target states that every Indonesian citizen aged 15-59 years will receive health screening according to standards, while the percentage of PTM screening aged  $\geq 15$  years in the city of Medan in 2020 is 15%. The aim of the study was to analyze the relationship between tool's support and the participation of non-working mothers at Posbindu PTM in Medan City. This type of quantitative research with survey methods. Cross-sectional study design. The total population is 21,485 people, the total sample is 100 people. Data were analyzed by Rank Spearman correlation. The results of the Rank Spearman test obtained a value of  $P = 0.029$  ( $P < 0.05$ ) meaning that there is a significant relationship between tool's support and the participation of non-working mothers in Posbindu PTM in Medan City. Participation of non-working mothers can be increased by socializing posbindu, increasing supporting facilities and infrastructure, increasing the ability to establish partnerships.

Keywords: Posbindu PTM, tool's support, participation

## INTRODUCTION

Non-Communicable Diseases (PTM)<sup>1</sup> are chronic diseases that are not transmitted from person to person, often asymptomatic and have no specific clinical signs (Andayasari, L., & Opitasari, C, 2020) (Kemenkes, 2019). This causes a person not to know and be aware of this condition from the beginning of the course of the disease, so it is too late to get treatment which results in complications, disability and even death (RI Ministry of Health, 2019).

At the global level, 70% of deaths in the world are due to PTM. Deaths from PTM such as cancer, stroke and diabetes are anticipated to proceed to extend worldwide, where the largest increase (80%) will occur in middle-income and poor countries (WHO, 2018).

Indonesia has experienced an increase in PTM (Dinas Kesehatan Provinsi Sumatera Utara, 2016). According to the results of the 2018 Basic Health Research (Riskesdas)<sup>2</sup>, the prevalence of PTM has increased when compared to the 2013 Riskesdas, including: cancer, stroke, chronic kidney disease, diabetes mellitus, and hypertension (Rofikoh, Handayani, S., & Surya, I, 2020). The predominance of cancer expanded from 1.4% to 1.8%, stroke expanded from 7% to 10.9%, incessant kidney infection expanded from 2% to 3.8%, diabetes mellitus expanded from 6.9% to 8.5 % and hypertension expanded from 25.8% to 34.15% (Kemenkes RI, 2013). Hypertension is caused Table salt contains sodium required by body to perform its capacities. It ought to not be devoured too much since ceaseless intemperate salt admissions will lead to hypertension (Huzaipah, A. A, 2019) (Zikra, M., Yulia, A., & Tri Wahyuni, L, 2020).

PTM can have serious social and economic impacts and is closely related to poverty, either in the form of direct costs such as medical and rehabilitation costs or indirect costs such as loss of income due to illness, disability or premature death (Kusumah, D. L., &

<sup>1</sup> PTM is an abbreviation of Indonesian medical term "Penyakit Tidak Menular"

<sup>2</sup> Riskesdas is an abbreviation of Indonesia medical term "Riset kesehatan dasar"

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