

Rifka_Factors Influencing the Utilization of Health Service Center for Hypertension Patients in Humbang Hasundutan Regency-1.

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Factors Influencing the Health Service Center Application for Hypertension Patients in Humbang Hasundutan Regency

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ABSTRACT

Hypertension is a non-communicable disease which is one of the main causes of death in the world. Out of a number of hypertension sufferers, only less than one fifth make efforts to control their blood pressure. Based on data from the Humbang Hasundutan Regency Health Office in 2019 there were 53,004 cases of hypertension and of the total sufferers only 33 percent used health services. This study aims to analyze the factors that influence the utilization of health services at Public Health Center for hypertension sufferers in Humbang Hasundutan Regency. This research is a quantitative analytic survey research with a cross sectional design. The sample used was 110 people with the sampling technique using accidental sampling. Data analysis used univariate and bivariate analysis. The results showed that the related variables were Knowledge ($p=0.005$), Ownership of Health Insurance ($p=0.001$) and Need for Services ($p=0.001$) with Utilization of Health Services at Health Centers for Hypertension Patients in Humbang Hasundutan Regency. Suggestions for this study are that health workers are expected to be able to go into the field or to the community directly to conduct counseling and outreach to the community that is more intensive regarding information about non-communicable diseases (PTM), especially in this case hypertension, so that people know more about disease prevention and control hypertension. So that people have more good knowledge to improve public health status. Public Health Center is expected to become a health facility that can help and improve health services both in terms of providing services to people with hypertension and in terms of infrastructure and drug availability, so that people can more easily understand the flow and procedures for utilizing health services.

Keywords: Health Services, Utilization of Health Services, Hypertension

INTRODUCTION

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Hypertension could be a non-communicable infection which is one of the most causes of passing within the world. Hypertension may be a wellbeing issue since there are no signs or indications, so it is regularly called the quiet executioner. Hypertension may be a risk to open wellbeing since of its potential to cause complications such as stroke, coronary heart illness, and kidney disappointment. Hypertension is characterized by the result about of blood weight estimations appearing a systolic weight of > 140 mmHg and a diastolic weight of > 90 mmHg (Ministry of Health, 2019).

Hypertension is currently still a big challenge that must be faced by Indonesia, which occurs in primary health services. Hypertension in Indonesia has also increased from year to year. This is supported by the 2018 Basic Health Research (RISKESDAS) data that the prevalence of hypertension has increased from 2013 to 2018. The prevalence of hypertension in Indonesia based on the results of national measurements in the population aged over 18 years in 2013 was 25.8 percent and experienced an increase in 2018 to 34.1 percent. In addition, the group of women has

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